## Behavioral Health Services (BHS) - Information Notice





| То:   | BHS Children's Mental Health Providers                        |
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| From: | Behavioral Health Services                                    |
| Date: | February 6, 2024  |
| Title | Prior Authorization Request Form Alignment with CalAIM Update |

#### Overview

California Advancing and Innovating Medi-Cal (CalAIM) aims to modernize the State's Medicaid program. CalAIM initiatives intend to improve the beneficiaries' experience in receiving effective services that streamline and standardize Medi-Cal behavioral health clinical documentation requirements.

The release of the Behavioral Health Information Notice (BHIN) <u>23-068</u>, which supersedes BHIN <u>22-019</u>, provides further clarification and updates to clinical documentation standards. This includes documenting assessments, progress notes, treatment goals, and outcomes. Prior authorization forms have been revised to reflect updated requirements for care/treatment plans, and include the following changes:

#### **Intensive Home-Based Services (IHBS)**

The IHBS prior authorization form has been updated to remove the requirement for a standalone treatment plan and continues to require Intensive Care Coordination (ICC) to receive IHBS.

#### Therapeutic Foster Care (TFC)

The TFC prior authorization form has been updated to remove the requirement for a standalone treatment plan and continues to require ICC to receive TFC.

# Intensive Outpatient Program (IOP) Partial Hospitalization Program (PHP)

IOP and PHP are new levels of care initiated in 2024. IOP and PHP leverage day treatment services and require a prior authorization.

## **Short Term Residential Therapeutic Program (STRTP)**

Day Services Request (DSR) form continues to be utilized (04.01.22).

## Therapeutic Behavioral Services (TBS)

TBS prior authorization form continues to be utilized (04.01.22).

#### **Ancillary Specialty Mental Health Services (SMHS) Request Form**

Ancillary SMHS Request form continues to be utilized when outpatient services are concurrently provided with Day Treatment services (01.02.20).

#### Attachments:

- IHBS Prior Authorization Request Form and Explanation Sheet (02.01.24)
- TFC Prior Authorization Request Form and Explanation Sheet (02.01.24)
- IOP & PHP Prior Authorization Day Services Request (DSR) Form and Explanation Sheets (01.01.24)
- STRTP Day Services Request (DSR) Form and Explanation Sheet (04.01.22)
- TBS Prior Authorization Request and Referral Form and Explanation Sheet (04.01.22)
- Ancillary SMHS Request Form and Explanation Sheet (01.01.20)

#### For More Information:

Contact your Contracting Officer's Representative (COR)

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